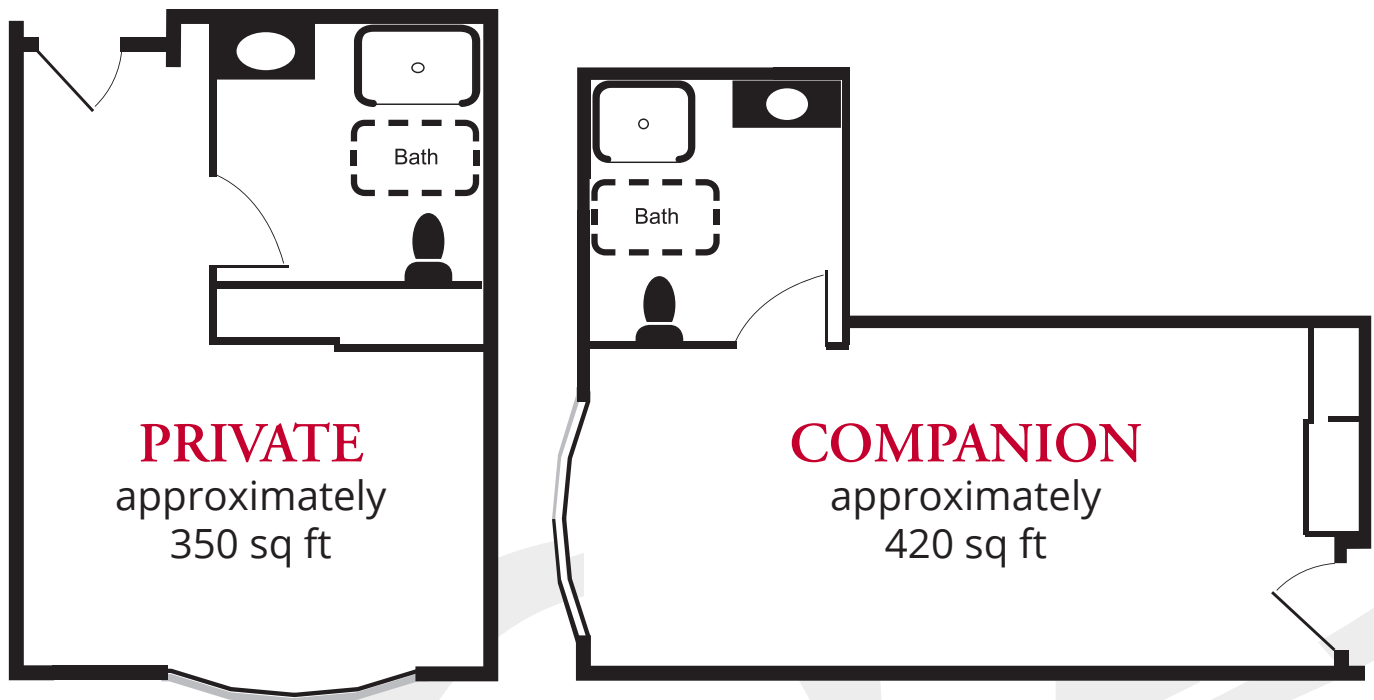


# Services and Floor Plans

At Cardinal Landing Memory Care, there are no buy-in fees or hidden costs. Our leases are month-to-month.

## THE MONTHLY RENTAL FEE INCLUDES

- Rental of apartment
- All utilities (land-line not included)
- Three meals per day and snacks
- Resident engagement program
- Activity room and outdoor courtyard
- Emergency response system in every room
- 24-hour team members on duty
- Maintenance and repairs
- Access to wellness and therapy on site
- Laundry, linen and light housekeeping services
- Respite care is available



# Our Comprehensive Program

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## OUR ASSOCIATES:

Every associate who works in this special community first completes a comprehensive training program that focuses on appropriate ways to communicate and care for people with memory impairments. Ongoing in-service and training for associates, as well as support-group meetings for families, are led by Alzheimer's-trained professionals from our local community.

## PEACE OF MIND

The safety and security of our residents is a top priority. We have a system designed to ensure peace of mind for residents and their families.

- Emergency Call Systems in Each Suite
- Interior and Exterior Video Surveillance
- State-of-the-Art Fire System
- Support Bars and Handrails
- Highly Trained Support Staff

## WE UTILIZE THE "BEST FRIENDS" APPROACH TO CARE

- Caregivers Use Life Story
- Builds Trust/Friendships
- Individualized Care



# Services & Amenities

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Our services are delivered by compassionate, caring, and skilled individuals. To ensure an accurate evaluation of the assistance needed, we use an in-depth, computer driven assessment tool along with input from the resident and family, to develop a personalized service plan. Once the initial assessment is complete, we will generate a service plan; create individual schedules to provide better delivery of services; and provide a method of accountability.

## SERVICES:

- Bathing
- Dressing
- Grooming
- Medication Assistance
- Restaurant Style Meals & Snacks Served Daily
- Transfer Assistance
- Housekeeping
- Laundry
- Escorting
- Incontinence Care
- Maintenance
- Individual & Group Activities
- Annual Functional Needs Assessments
- Family Support Groups
- Hydration Program

## AMENITIES:

- Fully Furnished Suites
- Activity Kitchen
- Secured Outdoor Gardens
- Cable TV
- Beautifully Landscaped Walking Paths
- Pharmacy Delivery Service
- Secured Facility

## ACCESS TO:

- 3rd Party Medical Services
- Spacious Dining Room
- Beauty Salon
- Laundry Service
- Recreation & Activity Areas



# Our Life Enrichment & Dining Program

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## LIFE ENRICHMENT CENTER

Our Life Enrichment Center uses a variety of engaging activities to entertain and keep our residents engaged in life mentally, physically, and socially. We work closely with families to learn about treasured memories and past experiences. Together, we develop a unique program that embraces their current abilities, promotes confidence and builds self-esteem. Our Life Enrichment Center is one part of our commitment to help ease the sense of forgetfulness, loss, and frustration that accompany a memory deficit.

## OUR DINING PROGRAM

We recognize the need to maintain each resident's ability to enjoy and master the dining experience. Our dining program offers several special aspects:

- Dementia Friendly Menus
- Dining Assistance
- Consistent Seating to Promote Familiarity and Socialization
- Therapeutic Finger Food Menu Options
- Plate Prep to Preserve Dignity
- Nutritional Snacks Offered Throughout the Day

We recognize the foundation of a healthy lifestyle must begin with delicious, well-balanced, and nutritious meals. Our menus represent a combination of our residents' preferences, our skilled dietary staff, and a few pleasant surprises. Our residents enjoy wonderful home-cooked meals in a comfortable, inviting dining room and, of course, guests are always welcome.

